

# MEP Faculty Education Virtual Popup Lecture: Asthma and SMART in the ED

**Date:** April 20, 2026

**Speaker(s) Name/Title:**  
Aaron Holley, MD | Michael Yacovelli, MD

**Speaker(s) Disclosure Information:** No relevant financial relationships to report.

**Learning Objectives:**

- Review the pathophysiology of asthma, how it differs from COPD, and the epidemiology in the Maryland and DC population.
- Review diagnosis criteria and alternative criteria of asthma in outpatient and ED settings as FVC response, biomarkers (e.g. eosinophilia), and clinical symptoms.
- Identify a framework approach to treatment of mild to severe asthma exacerbations in the emergency department.
- Discuss discharge criteria and what outpatient pulmonary provides for these patients.
- Assess the literature on SMART and GINA guidelines.
- Adapt discharge of SMART for MedStar Hospital EDs.

No commercial support has been provided.

**The following Planning Committee members have reported no relevant financial relationships:**

Alex Koo, MD  
Brooke Redmer, PA  
Sumeet Deogan, PharmD

**Accreditation**



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation**



This activity was planned by and for the healthcare team, and learners will receive **1.00** Interprofessional Continuing Education (IPCE) credits for learning and change.

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**Physicians:** MedStar Health designates this enduring material for a maximum of **1.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Pharmacists:** This activity is approved for **1.00** contact hours. This learning activity is knowledge-based. The Universal Activity Number for this program is **UAN#JA4008151-0000-26-066-L01-P and JA4008151-0000-26-066-L01-T**.

## Physician Assistants:



MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **1.00** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



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# MEP Faculty Ed Virtual Popup Lecture Evaluation and Transcript

You must complete an online evaluation at the end of this course within 30 days to receive continuing education credit.

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# Attention Physician, Pharmacist, and Pharmacist Technician Learners

To ensure accurate CE credit data reporting to participating state medical licensing boards/certifying boards, please log into **CloudCME™** and click on **My CE / Profile** to review and update your profile information. Here is the direct link to the CloudCME™ website: <https://medstar.cloud-cme.com>.

Additionally, please remember to check the box at the bottom of the profile screen to grant permission for us to report your completion data to ACCME and participating licensing/certifying boards. Questions? Email [medstarceapplications@email.sitel.org](mailto:medstarceapplications@email.sitel.org).

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## Pharmacists and Pharmacy Technicians, your CloudCME profile must contain:

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