

MMG Regional Anesthesia Lecture Series: Upper Extremity Blocks (IEM)

Activity Information

Original Release Date October 13, 2025

Termination Date October 12, 2028

Target Audience Physicians, nurses, physician assistants

The following Speaker has no relevant financial relationships to report: Kasra Razmjou, MD

Learning Objectives

- Discuss upper extremity nerve innervations.
- Describe the common upper extremity blocks.
- Apply our knowledge to different clinical scenarios.

No commercial support has been provided.

The following Planning Committee Members have no relevant financial relationships with ineligible companies to disclose:

Kasra Razmjou, MD | Ani Aura Solgat, MSN, CRNP, FNP-C

Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



This activity was planned by and for the healthcare team, and learners will receive **0.75** Interprofessional Continuing Education (IPCE) credits for learning and change.

Evaluation Information

You must complete an online evaluation at the end of this course to receive continuing education credit.

After completing the evaluation, your CE credits will be available on your MedStar Health CE transcript on CloudCME™ **on the next business day.**

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Credits Available for this Activity

Nurses: This activity is approved for **0.75** ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Physicians: MedStar Health designates this enduring material for a maximum of **0.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants:



MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **0.75** AAPA Category 1 CME credits. Approval is valid until December 12, 2028. PAs should only claim credit commensurate with the extent of their participation.

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Bibliographic Resources

- NYSORA. (n.d.). *Techniques – Upper Extremity*. In NYSORA. Retrieved October 9, 2025, from <https://www.nysora.com/techniques-archive/?category=upper-extremity>
- YouTube. (n.d.). *Upper Limb Blocks* [Playlist]. YouTube. https://www.youtube.com/playlist?list=PLc0CXnZ8y9_4TFQ-QRUPGF37zHi5HvuN



MedStar Health

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Evaluation and Transcript

You must complete an online evaluation at the end of this course within 30 days to receive continuing education credit.

After completing the evaluation, your CE credits will be available in your MedStar Health CE transcript on CloudCME™ on the **next business day**. CloudCME™ is a web-based continuing education portal where users can access their transcript anywhere, anytime, as well as register for MedStar Health conferences. Healthcare provider demographic information from all MedStar entities has been uploaded to CloudCME™ to facilitate a single sign-on system.

To access your transcript via CloudCME:

- Choose one of the two login options below.
 1. **MedStar Health Associates:** From your SiTELMS account under the Main Menu, select **CloudCME**. This will automatically log you in to your CloudCME account.
 2. **Non-MedStar Health Learners:** From your browser, go to **<https://medstar.cloud-cme.com>**, select **Sign in**, select “I am Not a MedStar Associate,” and log in with your credentials.
- Select **My CE** (yellow button in the navigation menu).
- Select **Transcript**.
- On the left side, adjust the **Filter by Date** fields to the desired time period.
- On the right side, select **Download Transcript** to save your transcript, or select **Email Transcript** to email your transcript to yourself or someone else.

For questions about accessing CloudCME™, please contact:

SiTEL Help Desk at 855-745-1861, Monday through Friday from 8 a.m. to 5 p.m. Eastern time, or at medstarceapplications@email.sitel.org.



Attention Physician Learners

To ensure accurate CME credit data reporting to participating state medical licensing boards/certifying boards, please log into **CloudCME™** and click on **My CE / Profile** to review and update your profile with the following details: **your full name, state of licensure (including number and expiration date), and your birth month and day.** Here is the direct link to the CloudCME™ website: <https://medstar.cloud-cme.com>.

Additionally, please remember to check the box at the bottom of the profile screen to grant permission for us to report your completion data to ACCME and participating licensing/certifying boards. Questions? Email medstarceapplications@email.sitel.org.

As an ACCME Accredited Provider, we share and transmit your CME/MOC completion data with the Accreditation Council for Continuing Medical Education (ACCME), licensing board(s), and participating certifying boards. If you wish to opt out of this service, please uncheck the box below: ⓘ

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You have successfully reviewed the
**interprofessional continuing education credit
information for this activity.**

Click "Save & Exit" in the upper right to complete.

Reminder: **You must complete an online evaluation at the end of this course to receive continuing education credit.** After completing the evaluation, your CE credits will be available on your MedStar Health CE transcript on CloudCME™ **on the next business day.**

It's how we treat people.



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