

# American Heart Association Pediatric Advanced Life Support (PALS) Renewal Course - Activity Information

**Date:** January 1, 2026 – December 31, 2026

**Moderators Name/Title:** Elizabeth Curran & Troy Jackson BA, NRP, CCFP, VEMSEC

**Moderators Disclosure Information:** No relevant financial relationships to report.

## Learning Objectives:

- Utilize a systematic approach to differentiate between patients who do & do not require immediate intervention.
- Describe clinical characteristics of instability in patients with arrhythmias and recognize cardiopulmonary arrest early.
- Differentiate between respiratory distress & failure, compensated & decompensated (hypotensive) shock, unstable & stable patients with arrhythmias.
- Identify normal & abnormal cardiac rhythms and the appropriate pharmacological & electrical therapies.
- Demonstrate the cognitive and psychomotor skills necessary for resuscitating and stabilizing the infant or child in respiratory failure, shock, or cardiac arrest.
- State the indications & dosages of medications used in cardiac arrest and the effects on the cardiovascular system.
- Demonstrate the use of the various airway adjuncts and methods for optimum ventilation & airway control.
- Perform techniques to obtain vascular access in infants and children via intraosseous cannulation using the EZ-IO.
- Perform advanced skills in the assessment and treatment of cardiopulmonary arrest in the pediatric patient.
- Demonstrate the management of post-cardiac arrest.

**The following Planning Committee members have reported no relevant financial relationships:**

John Yosaitis, MD | Kimberly Benson, PA-C, MSPA, CHSE | Mary Calabrese, MSN, RN | Troy Jackson BA, NRP, CCFP, VEMSEC

## Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive **9.0** Interprofessional Continuing Education (IPCE) credits for learning and change.

## Evaluation Information

You must complete an online evaluation at the end of this course to receive continuing education credit.

After completing the evaluation, your CE credits will be available on your MedStar Health CE transcript on CloudCME™ **on the next business day.**

# American Heart Association Pediatric Advanced Life Support (PALS) Renewal Course - Credits Available for this Activity

**Nurses:** This activity is approved for **9.0** ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**Physicians:** MedStar Health designates this live activity for a maximum of **9.0** *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Physician Assistants:



MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **9.0** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

# American Heart Association Pediatric Advanced Life Support (PALS) Renewal Course - Evaluation and Transcript

You must complete an online evaluation at the end of this course within 30 days to receive continuing education credit.

After completing the evaluation, your CE credits will be available in your MedStar Health CE transcript on CloudCME™ on the **next business day**. CloudCME™ is a web-based continuing education portal where users can access their transcript anywhere, anytime, as well as register for MedStar Health conferences. Healthcare provider demographic information from all MedStar entities has been uploaded to CloudCME™ to facilitate a single sign-on system.

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- Choose one of the two login options below.
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- Select **My CE** (yellow button in the navigation menu).
- Select **Transcript**.
- On the left side, adjust the **Filter by Date** fields to the desired time period.
- On the right side, select **Download Transcript** to save your transcript, or select **Email Transcript** to email your transcript to yourself or someone else.

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